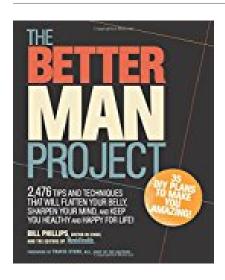
## The Better Man Project 2 476 tips and techniques that will flatten your belly sharpen your mind and keep you healthy and happy for life!



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## **BOOK SYNOPSIS**

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